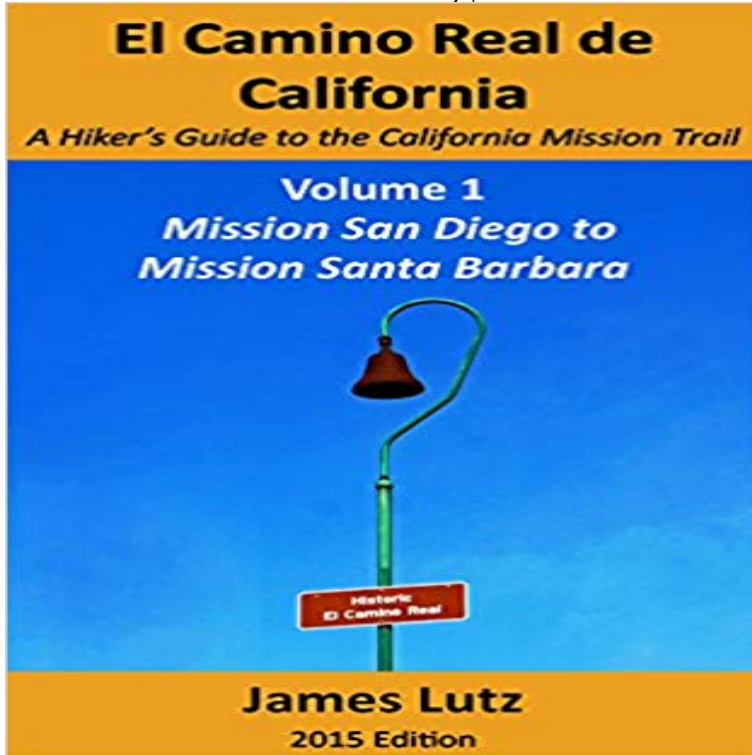


# El Camino Real de California: A Hikers Guide to the California Mission Trail: Mission San Diego to Mission Santa Barbara



Discover California's El Camino Real Trail, an urban backpackers dream. In 1774, 3 padres, 20 soldiers, 11 servants, 35 mules, and 140 horses headed north from Arizona to settle Alta California. Retrace their footsteps over 850 miles of rural roads, urban streets, beautiful beaches, and a network of paths connecting California's 21 Spanish missions. Like Spain's Camino de Santiago, it's a religious pilgrimage for some, but for many it's simply seeing California's very best at a hiker's pace. The first half of the book is a how-to resource with practical information on what to pack, where you can hike, and how to find food, water, restrooms and lodging. It also contains advice on hiking safety and how to prevent and treat foot problems common to urban backpackers. The second half is a guidebook for the first 267 miles, from Mission San Diego to Mission Santa Barbara. It's divided into six sections, each covering the journey from one mission to the next. It contains everything you need to know with over 150 useful internet links, 81 color photographs, 84 detailed route maps, elevation charts, and daily turn-by-turn directions. The directions are number-coded to points on the maps so you know at a glance where you are, how many miles you've traveled, and how far you have to go. As a bonus, all maps and hiking directions are printable from hyperlinks in the book. Future volumes will extend the guidebook to Mission Sonoma where the trail ends. **AUTHORS PERSONAL NOTE:** I was the 12th person in modern history to complete the journey from Mission San Diego to Mission Sonoma. It started as a series of training hikes for the Camino de Santiago and grew from there. If you think something like this is beyond your reach, consider this. I am just an average, slightly overweight, 57-year-old man who had ZERO experience with long-distance backpacking beforehand. I did this as a series of sectional hikes,

figuring things out as I went. There wasn't a lot of preparatory information available and that is why I wrote this book. THIS IS THE BOOK I WISH I HAD BEFORE I STARTED MY MISSION PILGRIMAGE!

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Mission San Francisco Solano in Sonoma to Mission San Diego de Alcala in the south. The section south of us, from Santa Ynez to Santa Barbara, is especially **Walking El Camino Real - Re-creating the Mission Trail Walking 800 Miles Away From Cancer - The New York Times** El Camino Reals California Mission Walkers - California Mission Guide . The California Missions From San Diego to Sonoma, 21 missions create a unique trail of history across California. San Luis Obispo, Santa Barbara, San Juan Capistrano and Sonoma down! .. El Camino Real de California Pilgrim Credential. **California Mission Walk - Walking Californias El Camino Real** Achetez et telechargez ebook El Camino Real de California: A Hikers Guide to the California Mission Trail: Mission San Diego to Mission Santa Barbara **Calmino mission trail is a hikers dream Central Coast Active** El Camino Real de California: A Hikers Guide to the California Mission Trail: Mission San Diego to Mission Santa Barbara by James Lutz,