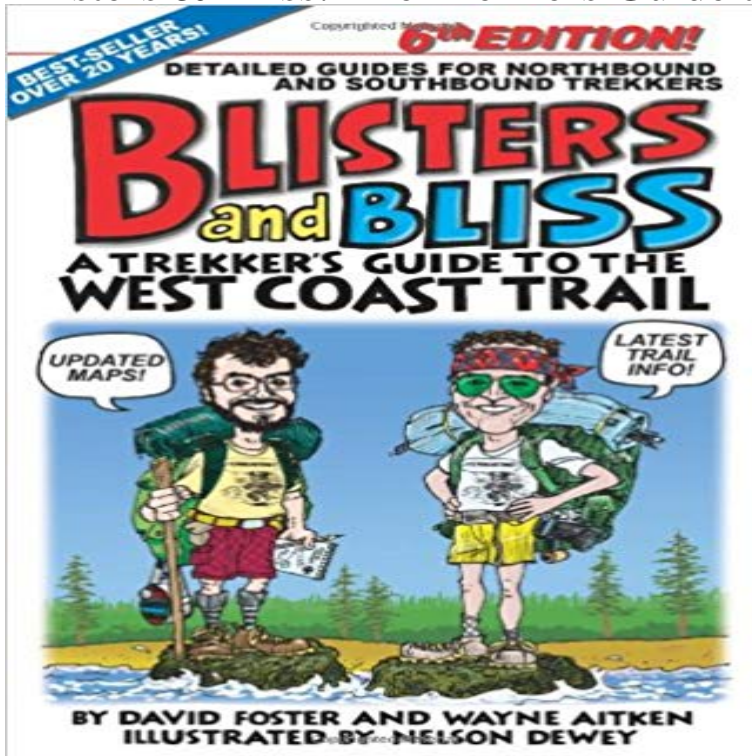


Blisters & Bliss: The Trekkers Guide to the West Coast Trail



Each year, thousands of trekkers tackle the 75-kilometre West Coast Trail between Bamfield and Port Renfrew on Vancouver Island. And for more than 12 years, this book has been the definitive guide to the world-famous trail. This fifth edition is completely up to date and expanded to include the latest on trail information, reservations, travel connections and trekker tips. The illustrations are a delight, and the book includes special sections for northbound and southbound hikers.

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